

BRINGING YOU GREAT IDEAS & INSPIRATION



For the kids...
Face Painting
CFM Courage
the Cat

Exhibitors
Demo's
Incentives
Offers

Tickets
available
01228
625222



Home improvements, interiors, outdoor living & lifestyle




cash for kids
a helping hand for local children

 **CFMradio**
the best mix of music

10th & 11th April 2010
The Sands Centre Carlisle
Saturday 10am - 6pm, Sunday 10am - 5pm